



*Close Call To Death -
Life from a Different
Perspective*

I had an unusual experience during the first week of May 2006, which I call it a “Near- death experience.” Currently, I am going through an inner turmoil that is leading me to let go of things that are not important, bringing more clarity to my purpose in life. I accept this with reverence, *another chance at life.*

I was sick during the first 2 weeks of May. It started with lung infection and I struggled with shortness of breath, dizziness and other symptoms. My symptoms increased with conversations and physical activities causing much discomfort. My discomforts became worse in a few days leading to lung inflammation and several complications. I had shortness of breath, blurred vision, visions of black stars & bricks, chest pain, passed out, severe exploding headaches, etc. This might be due to lack of oxygen going to my head and throughout my body. Then I had another experience.

I went through a black tunnel and at the end of the tunnel was the light. As I went through this tunnel, I was in panic because the journey was very fast. I was going through this dark tunnel alone. My journey was fearful and I was terrified as it was like some rides at the Wonderland that is very fast and sudden. There was a long moment that I believed this was the end of my journey here. While I was going through this tunnel I came to a new place. I saw my Cousin, who passed away 2 years ago was waiting on the other end to take me to a Golden Palace, which was on his left. He was at the entry to this Palace and was seated beside a beautiful gold decorative pillar. I felt peace when I saw him. I was very close to him and liked him very much. Many others liked him too. The Golden Palace looked like a large Parliament Building with thousands of pillars. It had several steps to this Palace. This place was serene. I did not see anyone there.

While going through my dark tunnel experience, I met a “Being” and Avatar Sai Baba. Sai Baba is known to be an Avatar, an evolved soul and worshiped as Spiritual Guru among Eastern Hindu tradition and many westerners are following him as Guru. He is living in India and is around 75 years old and is known for his several humanitarian missions. I could not bring myself to peace immediately after the roller coaster ride through the tunnel. They were both peaceful. The Being and Avatar Sai Baba were like Ticket Keepers / Checking Agents and had the right to let me in, to the other side.

I did not see the face of the other Being but felt its presence. There were no words that were shared between us. The word, "Evolved" does best describe this Being. Neither the Avatar Sai Baba nor the Being asked that I go through this tunnel to the other side.

My fear and anxiety was built up going through this tunnel, my heart was pounding and raced like being on a highway at 100km/hour. I yelled at this "Evolved Being" and Avatar Sai Baba, *“I am not going through with this experience. I am not going through to the other end.”* It appeared to be a struggle within me because I did not want to pass over because I had things to finish in this life. I continued to speak to them in a loud voice and I said, “ I am speaking at the Woman Of Distinction event next week, my son needs me, and others too.” I was scheduled to be the Guest Speaker at Woman of Distinction event on Thursday May 11th, 2006, my son just returned home after his first year at University of Western and I am actively involved in the community.

This was a loud experience and I was struggling inside. I have never yelled or spoken this loud before. However, I don't regret my yelling. I got their attention. I stood up for myself and presented my case. The words that I spoke came effortless and I was spontaneous in presenting my case. The decision was mine if I wanted to go through this experience to the other end and pass-over. I fought with my WILL, not wanting to pass over to the other end. I had things to do here.

Later on I became more relaxed. I spoke to Avatar and the Being in a more peaceful voice. I said to them, “I will not go through to the other side unless I am ready for it, I feel peace about it, my son and my close ones feel peace about it too.” I was direct and clear in expressing my heart and I am glad that I stood my ground. I felt the peace and now I am glad to be alive!

As I reflect on my experience now, I am stunned how I spoke-up with clarity and presented my "Case" to them. Initially I spoke to them with fear and anxiety and later on I was clothed with sense of peace and confidence. Every surrounding that I saw, throughout this experience was peaceful except the terror that I felt within me while going through the tunnel. I am glad that I spoke up!

All of this happened early hours of the morning on Friday May 5, 2006 at my home before I stayed at the hospital the second time. This experience happened when I was partially awake and it was not a dream.

I rushed to the hospital. The doctors and the nurses took good care of me. They gave me O2 and Ventilator masks throughout my stay, Pretnizone through IV and attached a 24 Hour Heart monitor to ensure my breathing and my symptoms improved. I was finally released a week ago Saturday 5 days before the annual Woman Of distinction event. When I came home I felt being pumped up. I had no more chest pain, no more breathing difficulties, no more exploding headaches, etc. But I still had extreme exhaustion from the medications and infection.

When I returned from the hospital, I took Darlene Montgomery's book, "Conscious Women Conscious Lives" to continue with my reading. I had begun reading this book a few weeks ago. She is a Canadian Author and a Publisher. She has written several books. I turned to the next chapter that I was scheduled to read. I couldn't believe the title that I saw. The title was, "Second Chance at life!" This was a story of a woman who has experienced a near death experience twice, transformed her life and living out her purpose now.

I have had a similar near-death experience to a lesser extent once before. Years ago, I had a life threatening car accident. I saw a yellow Trooper on the 401 Highway that came towards me and hit me on the driver side leaving me with unconscious and several complications. I recall when the Trooper came towards me, I believed it was the end of my journey and went through a long tunnel experience.

This traumatic moment stayed with me for a long time and my health went on a downward spiral leading to a new career and a lifestyle that I now enjoy very much. I am currently a Keynote Speaker, Workshop Facilitator and a Life Coach. I am serving as a Board Executive with Multicultural Women's Group, Community Development Council, Toastmasters and Spelling Bee Canada. I am much happier now.

I now feel "Nauseous." This feeling is there most of the time. It can be a sense of anxiousness having escaped or brushed my death. It can also be the effects of the medication. I feel vulnerable, a sense of restlessness and wanting to turn my life around. I want to let go of things that are of less important and no longer working. I want to find and rest in the seat of my soul. I will continue with my school in becoming a Spiritual Psychotherapist. The motherhood is already engraved in every cell of my body. I will move forward as a pioneer in advancement, education and empowerment of women. I want to hear my Soul's Call and put my life back together in a new direction. I want to hear my Soul's melody and dance with my soul to embrace life, knowing I have everything and every answer that I am searching for, within me. I want to cherish my moments as I walk my chosen path.

I am also re-birthing something new, but I don't know what. This might be to let go of my old beliefs and replace it with new. This can also to let go of the things that are no longer working and make more space for the divine grace to work through in my life. This can also be related to challenging my beliefs about Death and Dying. I want to live a Soulful life, nurture myself with Self-Love & Self-Care, clear blocks that prevent me from living an Authentic Life. I want to have a Voice in speaking my Truth.

There are no coincidences they say. I believe this to be true. There are no accidents. Are you now in the right place at the right time in your life? If not, it is time for you to have a closer look at your life.

I take this opportunity with great REVERENCE, the second chance that I was given at life. I am thankful for the Unending, Unmistakable and Bountiful Grace of the Universe who is in my life all the time.

Have you experienced Grace in your life? Are you open to allow grace in your life or you want to control things leading to your own suffering? There is a time to ACT and a time to LET GO.

Universe is helping me to let go of things that are not important and no longer working to heal myself.

Universe says,

“Easy does it! Do not hurry, worry or try to make things happen. Everything is in the perfect timing as it should be. Do not question your purpose and goals now. Easy does it all! ”

I am now walking in faith not knowing what my next step would be. However, I am ready to bloom into this new unknown season, keeping my fragrance and be a resting place for many. I am ready to live a soul-filled life.

Love and Regards,
Bahi Krishnakhanthan
May 21, 2006